

FREE YOUR MIND FROM LIMITING BELIEFS...

PSYCH-K™ Weekend Workshop by Saryu Dalal

PSYCH-K™ is a user-friendly way of changing self-sabotaging, subconscious beliefs to self-supporting beliefs, for rapid and enduring changes. How you perceive events is largely determined by your subconscious beliefs. Hence altering your unwanted subconscious beliefs, promotes cellular healing*.

In the 2 & ½ -day experiential Basic PSYCH-K™ workshop, you learn tools you will value for the rest of your life. Learn how to communicate with your subconscious mind to create the future you desire. Go beyond affirmations, willpower and positive thinking.

Simple yet powerful, PSYCH-K™ will empower you to let go of the painful past and embrace a joyful future by creating positive beliefs.

Effective Proven Success with:

- Phobias
- Stress and Anxiety
- Health issues
- Procrastination

- Relationships
- Prosperity
- Self Esteem
- Job Performance

DATES: March 14th - Fri. (7:00PM to 9:00Pm) Information session
March 15th & 16th - Sat. & Sun. (9:00AM to 5:00PM)

FEE: \$310. (for all 3 days) \$350 if registering after February 29th
The Information Session is Free!

LOCATION: Bridge Between the Worlds Retreat Center - Keswick, Virginia
East of Charlottesville, Virginia in the Blue Ridge Mountains
www.bridgebetweentheworlds.org

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Saryu Dalal is one of 35 certified PSYCH-K™ trainers in the world. She is a Life Coach, leadership trainer and Energy Worker. She has a Master's degree in Economics and has held various executive positions in Finance and Management. She is a licensed facilitator for Franklin Covey's Seven Habits of Highly Effective People, Myers Briggs Type Indicator, and DDI Management Training and Emotional Intelligence. Her mission is to bring Spirituality into the corporate world. This quest led her to PSYCH-K™, which brings out the best in every individual enhancing peace, harmony and productivity.

Visit: www.inner-discovery.net or <http://www.psych-k.com> - * Rob Williams, M. A.

"Simple, empowering techniques to change your beliefs and perceptions that impact your life at the cellular level".

*Endorsed by Cellular Biologist Dr. Bruce Lipton - <http://www.bruce-lipton.com/>