

# *Co-create the New Dream in Partnership with The Elementals – the Animals – & Sound*

*Three-Day Intensive ~ March 6, 7 & 8, 2009*

*All three facilitators will be available for private healing sessions the day after the workshop.*

*At \*Anam Cara Horse Farm & Sanctuary*

*Boones Mill, VA ~ Hosted By Joy Bradley*

*with*

*Gabriella Kapfer, Terry Frank & Maggie McIlvaine*

*(see information on facilitators on 2<sup>nd</sup> page)*



*Together we will:*

- Strengthen the direct Knowing of our Soul Essence, allowing it to live ever more present in our bodies and expressing it in our life*
- Uncover our gifts emerging specifically for this time*
- Learn to recognize the wisdom & gifts of other life forms - and how knowing them can help us know ourselves*
- Experience co-creative partnership with the Elementals, Devas & Animals at a new level to manifest the New Dream in alignment with the Whole*
- Co-operatively mend & weave the Web of Life with Sound & Vibration in all its' forms*

*~ An Invitation and Message of Wisdom from the Horses at Anam Cara~*

*"We are eager and will play our part. Animals have much to share and can help raise the consciousness and connect humans more fully with the Earth and with themselves. Our connection is visceral and therefore, without thought or intellect in the way. See through our eyes - feel through our bodies - hear through our hearts which are brimming with love for you. Let us offer our gifts."*

**\*Note:** Anam Cara Horse Farm provides a sanctuary and retreat environment for horses, humans and other animals on 220 acres near Roanoke, VA. Joy Bradley and several of the horses have been trained to work with special communication and healing techniques between horses and humans. The horses have asked to participate in a part of the workshop and Joy will lead us in this work. All work takes place on the ground – no riding or other experience with horses is necessary. The only requirement is an open heart and a willingness to receive.



*Concert of Sound Weaving & Story telling from the Elemental Kingdom*

*Offered by Gabriella & Terry*

*Thursday Evening, March 5 at 7:00 pm*

*Bring snacks to share - Love Contributions for the Concert*

## **Practical Details**

**Times:** The workshop will begin at 9:00 am on Friday, March 6, and run until 5:00 pm each day through Sunday, March 8.

**Meals:** Snacks & lunches will be organized at the farm and cost will be shared. Please note that meals are not included in your contribution for the workshop. Dinners will be on your own - BYO or local restaurants.

**Accommodations:** Anam Cara Farm can accommodate a limited number of participants on a first-come-first-served basis at a nominal cost (please register early). Directions and names and contact information of lodging in the area will be provided upon registration.

**Registration:** To register please call or e-mail Joy Bradley at 540-797-4085/ [wjnoahsark@aol.com](mailto:wjnoahsark@aol.com) or Terry Frank at 434-325-2271/ [terryfrank6@yahoo.com](mailto:terryfrank6@yahoo.com). Limited maximum number of participants. A deposit (non-refundable) of \$100 is due on registration to reserve your place.

## **Blue Pot Energy Exchange:**

Our intent is to use a process of exchange by which all our needs are met, we all feel cared for and our gifts to each other are honored and received. We call this process "*working with the blue pot*". In the Blue Pot, money is alchemically transformed into "golden water" which flows to heal through sharing, caring, loving, giving and receiving. (to learn more about the background of this concept see [www.yescarefirst.com](http://www.yescarefirst.com)). We invite you to join the circle of sharing by caring for us with your financial (and/or other gifts). To give you a guideline about what would help us at least cover our costs and care for the basics so we can continue our work, we offer a suggestion of a contribution of \$300, but if finances are limited, please don't feel that you cannot come.

## **Facilitators:**

**Gabriella Kapfer** (Called 'The Song-Singer' by the Elementals)

Gabriella is a sound healer who has developed her own style of vibrational sound weaving and healing with cello, voice and hand-crafted singing bowls. Gabriella calls forth and co-creates with the elements, the nature-spirits and the angelic realms weaving a tapestry of sound from different dimensions, the consciousness of all present and the Earth – leading listeners into a deep transformative experience and connectedness with nature, life and Source. She also teaches and works with sacred stone setting, and has a background in psychotherapy and co-creative gardening. Her background includes co-running a small retreat and healing center in Scotland based on a 'care-first' economic model where she developed her sound-healing work, inspired by the mystery school of nature which surrounded her. She currently lives in England and travels extensively through Europe and the Americas, bringing her healing music and work to different parts of the planet. [www.yescarefirst.com/songbird.htm](http://www.yescarefirst.com/songbird.htm)

**Terry Frank** (Called 'The Story-Teller' by the Elementals)

Terry is a healer whose primary work is to create a bridge of understanding and partnership between humans and the elemental world of nature spirits, so that we may work together again to bring healing to each other and the Earth. Terry has trained for over 7 years as a Spiritual Transformation Guide with the International Institute for Transformation founded by Tanis Helliwell and is a Certified Healing Touch Practitioner who combines 20 years of experience in career transition, life coaching and human resources with energy work and knowledge of the spiritual laws to help people heal and evolve. She has been given the gift of entering the Elemental Kingdom on the etheric and taking others on the journey to gather the ancient stories of the fairy tribes for today, and information for individuals on their relationship to that realm. Terry is writing a book called, "Voice of the Fairy Tribes".

**Margaretta McIlvaine** (Called the 'White Lady' by the Elementals)

Margaretta is an intuitive healer and clairvoyant who assists one to connect with all aspects of their multidimensional selves so that life can be lived and experienced from a larger perspective and a higher frequency. She has learned how to access wisdom directly from the higher planes. Her approach to transformational work combines her formal training at the Barbara Brennan School of Healing, The Virginia School of Massage, studies in acupuncture, shiatsu, guided imagery, numerous Buddhist retreats, and all levels of Reiki training with her own unique experiences of self-healing and self-transcendence. She is also certified to teach Integral Hatha Yoga. Her love and appreciation of nature inspired her to create Bridge Between The Worlds, a healing retreat center whose mission is to assist others to reconnect with the essence of spirit and intelligence in nature and to recognize the healing power of the elements in the natural world.